

# MAIN POOL

## MONDAY

- 6am-9am Lane swimming
- 9am-6.30pm **Public swimming**
- 12pm-1pm Lane swimming
- 4pm-7pm Swimming lessons
- 6.30pm-9pm Otters Swim Club

## TUESDAY

- 6am-9am Lane swimming
- 8.45am-9.30am Aqua Fit
- 9am-12pm **Public swimming**
- 12pm-1pm Lane swimming
- 1pm-6pm **Public swimming**
- 7pm-8pm Swimming lessons
- 8pm-9pm Octopush

## WEDNESDAY

- 6am-9am Lane swimming
- 9am-12pm **Public swimming**
- 9.30am-12pm Schools swimming
- 12pm-1pm Lane swimming
- 1pm-8pm **Public swimming**
- 4pm-8pm Swimming lessons
- 8pm-9pm Sub Aqua

## THURSDAY

- 6am-9am Lane swimming
- 9am-12pm **Public swimming**
- 9am-12pm Schools swimming
- 12pm-1pm Lane swimming
- 1pm-7.30pm **Public swimming**
- 1.30pm-3pm Schools swimming
- 4pm-7.30pm Swimming lessons
- 7.30pm-9pm Otters Swim Club

## FRIDAY

- 6am-9am Lane swimming
- 9am-12pm **Public swimming**
- 9.30am-12pm Schools swimming
- 11.45am-12.30pm Aqua Fit
- 12pm-1pm Lane swimming
- 1pm-6pm **Public swimming**
- 1.30pm-3pm Schools swimming
- 4pm-7pm Swimming lessons
- 7.15pm-9pm Disability Club & **Public swimming**

## SATURDAY

- 9am-4pm **Public swimming**
- 8am-4pm Lane swimming
- 8am-4pm Swimming lessons

## SUNDAY

- 8am-3pm **Public swimming**
- 3pm-6pm Otters Swim Club

# SMALL POOL

## MONDAY

- 9.30am-1pm Swimming lessons
- 1pm-3pm **Public swimming**
- 4pm-7.30pm Swimming lessons

## TUESDAY

- 9.30am-1pm Swimming lessons
- 1pm-3pm **Public swimming**
- 4pm-6.30pm Swimming lessons
- 6.30pm-7.30pm **Public swimming**

## WEDNESDAY

- 9.30am-1pm Swimming lessons
- 1pm-3pm **Public swimming**
- 4pm-6.30pm Swimming lessons
- 6.30pm-7.30pm **Public swimming**

## THURSDAY

- 9.30am-1pm Swimming lessons
- 1pm-3pm **Public swimming**
- 4pm-6.30pm Swimming lessons

## FRIDAY

- 9.30am-1pm Swimming lessons
- 1pm-3pm **Public swimming**
- 4pm-6.30pm Swimming lessons
- 6.30pm-7.30pm **Public swimming**

## SATURDAY

- 8.30am-5.30pm Swimming lessons

## SUNDAY

- 9am-1pm **Public swimming**
- 2pm-3pm Swimming lessons